



2025-2026 Competition Schedule

Competition	Dates	Athletes
Levels Competition I Maryvale High School	October 25	All athletes who need levels 9:00-12:00 pm
All Star Camp Colorado Springs, CO	November 14-16	Invited athletes only
Levels Competition II Hoover Pool, Tonawanda	November 22	All athletes who still need levels
Figure Playday Sweet Home High School	December 14 8:00am	Association Meeting Novices/Intermediates/12&U AG/Youth AG
Youth/Jr/Sr Association "Meet" Sweet Home High School	February 14	13 & Over Age Group only (Routines only)
Youth/Jr/Sr Zone Championships Fitness & Aquatic Center - Tonawanda	March 6-8	13 & Over Age Group only
Love For Laura Invitational Maryvale High School	March 14	Novice/Intermediates/12U (Routines only)
Zone Invitational A (Option 1) Hamden, CT	March 21-22	Intermediates/12U
Zone Invitational B (Option 1) Madison, NJ	March 28-29	Intermediates/12U
Junior/Senior Nationals Buffalo, NY	April 9-13	Qualified Junior/Senior athletes only
Youth and 12&U Nationals Buffalo, NY	April 23-26	12U AG & Qualified Youth AG only
Regional Junior Olympics Victor High School, Rochester	May 16-17	Novice/Intermediates/Age Groups
Zone AG and Intermediate Championship Phoenixville, PA	June 19-21	Intermediates/Age Group (non JO qualifiers)
National Junior Olympics Eastern Michigan University, MI	June 27-July 4	Qualified 12U & Over Age Groups only

Other Important Events	Dates	Athletes
"Try Synchro" Day #1 Maryvale High School	October 7 (Please share this!)	13 & Over Athletes will assist coaches 6:30-7:30
"Try Synchro" Day #2 Maryvale High School	October 25 (Please share this!)	Athlete volunteers needed! 12:00-1:00 pm
Halloween Party & Gear Swap Maryvale High School	October 27	Swimmers wear fun suits/water appropriate costumes, bring a treat, and gear they want to swap
Learn to Synchro Sessions Maryvale High School	TBA (6 Sessions)	Youth/Juniors needed to assist in teaching these lessons. They will be paid \$18/session.
Holiday Party Maryvale High School	December 22	Swimmers wear fun suits & holiday socks, bring a treat to share, and "Secret Santa" gift to exchange
Annual Watershow Maryvale High School	May 28	Last practice day for Novice Team athletes More info will come as we near this date